Open Health Trust: Modified Anthem Elements Choice HMO 5900

The Summary of Benefits and Coverage (SBC) document will help you choose a health <u>plan</u>. The SBC shows you how you and the <u>plan</u> would share the cost for covered health care services. NOTE: Information about the cost of this <u>plan</u> (called the <u>premium</u>) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, <a href="https://eoc.anthem.com/eocdps/">https://eoc.anthem.com/eocdps/</a>. For general definitions of common terms, such as <u>allowed amount</u>, <u>balance billing</u>, <u>coinsurance</u>, <u>copayment</u>, <u>deductible</u>, <u>provider</u>, or other <u>underlined</u> terms, see the Glossary. You can view the Glossary at <u>www.healthcare.gov/sbc-glossary/</u> or call (855) 333-5730 to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall	\$5,900/person for In-Network	Generally, you must pay all of the costs from <u>providers</u> up to the <u>deductible</u> amount before
deductible?	Providers.	this <u>plan</u> begins to pay.
Are there services	Yes. Primary Care. Specialist	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount.
covered before you	Visit. Preventive Care. For more	But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive</u>
meet your <u>deductible</u> ?	information see below.	services without cost sharing and before you meet your deductible. See a list of covered
		preventive services at https://www.healthcare.gov/coverage/preventive-care-benefits/.
Are there other	Yes. \$250/person or \$750/family	You must pay all of the costs for these services up to the specific deductible amount before
deductibles for	for In-Network Providers	this <u>plan</u> begins to pay for these services.
specific services?	Prescription Drugs. There are no	
	other specific deductibles.	
What is the out-of-	\$9,000/person or \$18,000/family	The out-of-pocket limit is the most you could pay in a year for covered services. If you have
pocket limit for this	for In-Network Providers.	other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket limits</u> until the
plan?		overall family out-of-pocket limit has been met.
What is not included	Premiums, balance-billing	Even though you pay these expenses, they don't count toward the out-of-pocket limit.
in the <u>out-of-pocket</u>	charges, and health care this <u>plan</u>	
<u>limit</u> ?	doesn't cover.	
Will you pay less if	Yes. See <u>www.anthem.com/find-</u>	This <u>plan</u> uses a <u>provider network</u> . You will pay less if you use a <u>provider</u> in the <u>plan's</u>
you use a <u>network</u>	care/?alphaprefix=KXJ or call	network. You will pay the most if you use an Out-of-Network Provider, and you might
provider?	(855) 333-5730 for a list of	receive a bill from a <u>provider</u> for the difference between the <u>provider's</u> charge and what your
	network providers. Benefits and	<u>plan</u> pays ( <u>balance billing</u> ). Be aware, your <u>network provider</u> might use an <u>Out-of-Network</u>
	costs may vary by site of service	Provider for some services (such as lab work). Check with your provider before you get
	and how the <u>provider</u> bills.	services.
Do you need a referral	Yes.	This <u>plan</u> will pay some or all of the costs to see a <u>specialist</u> for covered services but only if
to see a specialist?		you have a <u>referral</u> before you see the <u>specialist</u> .



All <u>copayment</u> and <u>coinsurance</u> costs shown in this chart are after your <u>deductible</u> has been met, if a <u>deductible</u> applies.

		What You	Limitariana E	
Common Medical Event	Services You May Need	In-Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information
If you visit a health care provider's office or clinic	Primary care visit to treat an injury or illness	\$55/visit, <u>deductible</u> does not apply	Not covered	Virtual visits (Telehealth) benefits available.
	<u>Specialist</u> visit	\$70/visit, <u>deductible</u> does not apply	Not covered	Virtual visits (Telehealth) benefits available.
	Preventive care/screening/ immunization	No charge	Not covered	You may have to pay for services that aren't preventive. Ask your provider if the services needed are preventive. Then check what your plan will pay for.
If you have a test	<u>Diagnostic test</u> (x-ray, blood work)	No charge	Not covered	none
	Imaging (CT/PET scans, MRIs)	35% coinsurance	Not covered	none
If you need drugs to treat your illness or condition More information about prescription drug coverage is available at http://www.anthem.com/pharmacyinformation/	Typically Lower Cost Generic (Tier 1a)	\$5/prescription, Prescription Drug <u>deductible</u> does not apply (retail) and \$10/prescription, Prescription Drug <u>deductible</u> does not apply (home delivery)	50% coinsurance up to \$250/prescription, Prescription Drug deductible does not apply (retail) and Not covered (home delivery)	
	Typically Generic (Tier 1b)	\$20/prescription, Prescription Drug <u>deductible</u> does not apply (retail) and \$40/prescription, Prescription Drug <u>deductible</u> does not apply (home delivery)	50% <u>coinsurance</u> up to \$250/prescription, Prescription Drug <u>deductible</u> does not apply (retail) and Not covered (home delivery)	Most home delivery is 90-day supply. For more information, refer to "CA Essential DMHC Drug List" at <a href="http://www.anthem.com/pharmacyinformation/">http://www.anthem.com/pharmacyinformation/</a> *See <a href="Prescription Drug">Prescription Drug</a> section of the <a href="plan">plan</a> or policy document (e.g. evidence of coverage or
	Typically Preferred Brand & Non-Preferred Generic Drugs (Tier 2)	\$40/prescription, Prescription Drug <u>deductible</u> applies (retail) and \$100/prescription, Prescription Drug <u>deductible</u> applies (home delivery)	50% coinsurance up to \$250/prescription, Prescription Drug deductible does not apply (retail) and Not covered (home delivery)	
	Typically Non-Preferred Brand and Generic drugs (Tier 3)	\$75/prescription, Prescription Drug <u>deductible</u> applies (retail) and \$188/prescription, Prescription Drug <u>deductible</u> applies (home delivery)	50% coinsurance up to \$250/prescription, Prescription Drug deductible does not apply (retail) and Not covered (home delivery)	certificate).
	Typically Preferred Specialty (brand and generic) (Tier 4)	30% <u>coinsurance</u> up to \$250/prescription, Prescription Drug <u>deductible</u>	50% <u>coinsurance</u> up to \$250/prescription, Prescription Drug <u>deductible</u>	

<sup>\*</sup> For more information about limitations and exceptions, see the <u>plan</u> or policy document at <a href="https://eoc.anthem.com/eocdps/">https://eoc.anthem.com/eocdps/</a>.

Camanan		What You	Limitations Evanutions &	
Common Medical Event	Services You May Need	In-Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information
		applies (retail and home delivery)	does not apply (retail) and Not covered (home delivery)	
If you have outpatient	Facility fee (e.g., ambulatory surgery center)	35% coinsurance	Not covered	none
surgery	Physician/surgeon fees	No charge	Not covered	none
If you need	Emergency room care	\$250/visit, then 35% coinsurance	Covered as In- <u>Network</u>	<u>Copayment</u> waived if admitted. No charge for Emergency Room Physician Fee.
immediate medical attention	Emergency medical transportation	\$100/trip, <u>deductible</u> does not apply	Covered as In- <u>Network</u>	none
	<u>Urgent care</u>	\$55/visit, <u>deductible</u> does not apply	Covered as In- <u>Network</u>	none
If you have a	Facility fee (e.g., hospital room)	35% <u>coinsurance</u>	Not covered	none
hospital stay	Physician/surgeon fees	No charge	Not covered	none
If you need mental health, behavioral health, or substance abuse services	Outpatient services	Office Visit \$55/visit, <u>deductible</u> does not apply Other Outpatient No charge	Office Visit Not covered Other Outpatient Not covered	Office Visit  988 lifeline/mobile crisis team covered as In-Network. Virtual visits (Telehealth) benefits available. Other Outpatientnone
	Inpatient services	35% <u>coinsurance</u>	Not covered	No charge for Inpatient Physician Fee In- <u>Network</u> <u>Providers</u> . No Coverage for Inpatient Physician Fee <u>Out-of-</u> <u>Network Providers</u> .
	Office visits	\$55/visit, <u>deductible</u> does not apply	Not covered	Maternity care may include tests and services described elsewhere
If you are pregnant	Childbirth/delivery professional services	35% coinsurance	Not covered	in the SBC (i.e., ultrasound). *Coverage includes fertility
	Childbirth/delivery facility services	35% <u>coinsurance</u>	Not covered	preservation services, see Fertility Preservation section.
If you need help	Home health care	\$55/visit; <u>deductible</u> does not apply	Not covered	100 visits/benefit period for In- Network Providers.
recovering or have other	Rehabilitation services	\$55/visit; <u>deductible</u> does not apply	Not covered	*See Therapy Services section.

<sup>\*</sup> For more information about limitations and exceptions, see the <u>plan</u> or policy document at <a href="https://eoc.anthem.com/eocdps/">https://eoc.anthem.com/eocdps/</a>.

Common		What You	Limitations, Exceptions, &		
Medical Event	Services You May Need	In-Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Other Important Information	
special health needs	Habilitation services	\$55/visit; <u>deductible</u> does not apply	Not covered		
	Skilled nursing care	35% coinsurance	Not covered	100 days/benefit period for skilled nursing services for In- Network Providers.	
	Durable medical equipment	50% <u>coinsurance</u> , <u>deductible</u> does not apply	Not covered	*See <u>Durable Medical</u> <u>Equipment</u> section.	
	Hospice services	No charge	Not covered	none	
If your child	Children's eye exam	Not covered	Not covered	2000	
needs dental or	Children's glasses	Not covered	Not covered	none	
eye care	Children's dental check-up	Not covered	Not covered	none	

#### **Excluded Services & Other Covered Services:**

Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of	any other
excluded services.)	

- Children's dental check-up
- Eye exams for a child
- Long-term care
- Routine foot care unless you have been diagnosed with diabetes
- Cosmetic surgery
- Glasses for a child
- Non-emergency care when traveling outside the U.S.
- Weight loss programs

- Dental care (Adult)
- Hearing aids
- Routine eye care (Adult)

# Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your <u>plan</u> document.)

- Acupuncture
- Infertility treatment 3 oocyte egg retrievals/lifetime

- Bariatric surgery
- Private-duty nursing in a Home Setting only
- Chiropractic care 60 days/benefit period combined with all other therapies

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: Department of Managed Health Care, California Help Center, 980 9th Street, Suite 500, Sacramento, CA 95814-2725, (888) 466-2219, <a href="https://www.dmhc.ca.gov/">https://www.dmhc.ca.gov/</a>, Department of Labor, Employee Benefits Security Administration, (866) 444-EBSA (3272), <a href="https://www.dol.gov/ebsa/healthreform">www.dol.gov/ebsa/healthreform</a>, or contact Anthem at the number on the back of your ID card. Other coverage options may be available to you, too, including buying individual insurance coverage through the <a href="https://www.HealthCare.gov">Health Insurance Marketplace</a>. For more information about the <a href="https://www.HealthCare.gov">Marketplace</a>, visit <a href="https://www.HealthCare.gov">www.HealthCare.gov</a> or call 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your <u>plan</u> for a denial of a <u>claim</u>. This complaint is called a <u>grievance</u> or <u>appeal</u>. For more information about your rights, look at the explanation of benefits you will receive for that medical <u>claim</u>. Your <u>plan</u>

<sup>\*</sup> For more information about limitations and exceptions, see the <u>plan</u> or policy document at <a href="https://eoc.anthem.com/eocdps/">https://eoc.anthem.com/eocdps/</a>.

documents also provide complete information on how to submit a <u>claim</u>, <u>appeal</u>, or a <u>grievance</u> for any reason to your <u>plan</u>. For more information about your rights, this notice, or assistance, contact:

ATTN: Grievances and Appeals, P.O. Box 4310, Woodland Hills, CA 91365-4310

Department of Labor, Employee Benefits Security Administration, (866) 444-EBSA (3272), <a href="www.dol.gov/ebsa/healthreform">www.dol.gov/ebsa/healthreform</a>

Department of Managed Health Care, California Help Center, 980 9th Street, Suite 500, Sacramento, CA 95814-2725, (888) 466-2219, <a href="https://www.dmhc.ca.gov/">https://www.dmhc.ca.gov/</a>

Additionally, a consumer assistance program can help you file your <u>appeal</u>. Contact California Consumer Assistance Program, Operated by the California Department of Managed Health Care, 980 9th Street, Suite 500, Sacramento, CA 95814, (888) 466-2219, <a href="https://www.dmhc.ca.gov/">https://www.dmhc.ca.gov/</a>

### Does this plan provide Minimum Essential Coverage? Yes.

<u>Minimum Essential Coverage</u> generally includes <u>plans</u>, <u>health insurance</u> available through the <u>Marketplace</u> or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of <u>Minimum Essential Coverage</u>, you may not be eligible for the <u>premium tax credit</u>.

# Does this plan meet the Minimum Value Standards? Yes.

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

To see examples of how this <u>plan</u> might cover costs for a sample medical situation, see the next section.

## About these Coverage Examples:



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost-sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

Peg is	Having	a Baby

(9 months of in-network pre-natal care and a hospital delivery)

■ The plan's overall deductible	\$5,900
Specialist copayment	\$70
■ Hospital (facility) coinsurance	35%
Other coinsurance	0%

# This EXAMPLE event includes services like:

Specialist office visits (prenatal care)
Childbirth/Delivery Professional Services
Childbirth/Delivery Facility Services
Diagnostic tests (ultrasounds and blood work)
Specialist visit (anesthesia)

# Managing Joe's Type 2 Diabetes

(a year of routine in-network care of a well-controlled condition)

The plan's overall deductible	\$5,900
Specialist copayment	\$70
■ Hospital (facility) coinsurance	35%
Other coinsurance	0%

# This EXAMPLE event includes services like:

<u>Primary care physician</u> office visits (*including disease education*)

Diagnostic tests (blood work)

Prescription drugs

Durable medical equipment (glucose meter)

# Mia's Simple Fracture

(in-network emergency room visit and follow up care)

■ The plan's overall deductible	\$5,900
Specialist copayment	\$70
■ Hospital (facility) coinsurance	35%
Other coinsurance	0%

# This EXAMPLE event includes services like:

Emergency room care (including medical supplies)

Diagnostic test (x-ray)

<u>Durable medical equipment</u> (crutches) <u>Rehabilitation services</u> (physical therapy)

Total Example Cost	\$12,700	Total Example Cost	\$5,600	Total Example Cost	\$2,800
In this example, Peg would pay:		In this example, Joe would pay:		In this example, Mia would pay:	
<u>Cost Sharing</u>		<u>Cost Sharing</u>		<u>Cost Sharing</u>	
<u>Deductibles</u>	\$5,900	<u>Deductibles</u>	\$250	<u>Deductibles</u>	\$400
<u>Copayments</u>	\$10	<u>Copayments</u>	\$1,600	<u>Copayments</u>	\$600
Coinsurance	\$1,300	Coinsurance	\$0	<u>Coinsurance</u>	\$100
What isn't covered		What isn't covered		What isn't covered	
Limits or exclusions	\$60	Limits or exclusions	\$20	Limits or exclusions	\$0
The total Peg would pay is	\$7,270	The total Joe would pay is	\$1,870	The total Mia would pay is	\$1,100

# Get help in your language

# **Language Assistance Services**

Curious to know what all this says? We would be too. Here's the English version: IMPORTANT: Can you read this letter? If not, we can have somebody help you read it. You may also be able to get this letter written in your language. For free help, please call right away at 1-888-254-2721. (TTY/TDD:711)

Separate from our language assistance program, we make documents available in alternative formats for members with visual impairments. If you need a copy of this document in an alternate format, please call the customer service telephone number on the back of your ID card.

# **Spanish**

IMPORTANTE: ¿Puede leer esta carta? Si no, podemos pedirle a alguien que le ayude a leerla. También es posible que pueda solicitar que le enviemos esta carta escrita en su idioma. Para obtener ayuda gratuita, llame de inmediato al 1-888-254-2721 (TTY/TDD: 711).

#### Arabic

هام: هل تستطيع قراءة هذه الرسالة؟ إذا لم يكن الأمر كذلك، يمكننا أن نطلب من شخص ما مساعدتك في قراءتها. قد تتمكن أيضًا من الحصول على هذه الرسالة مكتوبة بلغتك للحصول على مساعدة مجانية، يرجى الاتصال على الفور على الرقم (TTY/TDD: 711) .888-254-2721.

#### Armenian

ՈՒՇԱԴՐՈՒԹՅՈՒՆ. Կարողանո՞ւմ եք կարդալ այս նամակը։ Եթե ոչ, մենք կարող ենք առաջարկել որևէ մեկի օգնությունը՝ ձեզ համար այն կարդալու համար։ Դուք կարող եք նաև այս նամակը ստանալ ձեր լեզվով։ Անվճար օգնության համար խնդրում ենք անմիջապես զանգահարել՝ 1-888-254-2721. (TTY/TDD: 711)

#### Chinese

重要: 您能看此信嗎?如果不能,我們可以請人幫您看。 您還可以獲得以您的語言寫的此信件。如需免費幫助,請立即致電 1-888-254-2721. (TTY/TDD:711)

#### Farsi

بخواهیم شخصی از توانیممی ما ،توانیدنمی اگر بخوانید؟ را نامه این توانید می آیا :مهم کتبی صورت به را نامه این بتوانید است ممکن همچنین کند کمک شما به آن خواندن در شماره با فوراً لطفاً ،رایگان کمک دریافت برای کنید دریافت خودتان زبان به و .بگیرید تماس (TTY/TDD: 711) .188-254-888-1

#### Hindi

महत्वपूर्ण: क्या आप यह पत्र पढ़ सकते हैं? यदि नहीं, तो हम इसे पढ़ने में किसी की मदद ले सकते हैं। यह पत्र आप अपनी भाषा में भी लिखवा सकते हैं। निःशुल्क सहायता के लिए, कृपया तुरंत 1-888-254-2721 पर कॉल करें। (टीटीवाई/टीडीडी:711)

#### Hmong

TSEEM CEEB: Koj puas nyeem tau daim ntawv no? Yog tias tsis tau, peb muaj qee tus neeg pab nyeem nws rau koj. Koj los kuj yuav tau txais ib daim ntawv sau ua kom yam lus. Rau kev pab dawb, thov hu tam sim ntawm 1-888-254-2721. (TTY/TDD: 711)

### Japanese

重要:この文書を読むことができますか?読むことができない場合、支援することが可能です。また、日本語で訳されたこの文書を書面で受け取ることができます。無料の支援をご希望の場合、1-888-254-2721 (TTY/TDD:711)にご連絡ください。

#### Khmner

សំខាន់៖ កើអ្នកអាចអានសំប្បុកនេះបានទេ? បើអត់ទេ យើងអាចមានអ្នកជួយអាន។ អ្នកក៍អាចទទួលបានសំប្បកនេះសរសេរជាភាសារបស់អ្នកផងដែរ។ សម្រាប់ជំនួយដោយ ឥតគិតថ្លៃ សូមទូរស័ព្ទមកភ្លាមៗតាមរយៈលេខ 1-888-254-2721. (TTY/TDD: 711)

#### Korean

중요: 이 편지를 읽으실 수 있으신가요? 그렇지 않으신 경우, 이를 읽으실 수 있도록 도움을 제공해 드릴 수 있습니다. 귀하의 모국어로 된 편지를 우편으로 받아보실 수도 있습니다. 무상으로 제공되는 도움이 필요하신 경우. 1-888-254-2721번으로 바로 연락해 주십시오. (TTY/TDD: 711)

### Punjabi

ਕੀ ਤੁਸੀਂ ਇਹ ਚਿੱਠੀ ਪੜ੍ਹ ਸਕਦੇ ਹੋ? ਜੇਕਰ ਨਹੀਂ, ਤਾਂ ਅਸੀਂ ਇਸਨੂੰ ਪੜ੍ਹਨ ਵਿੱਚ ਤੁਹਾਡੀ ਮਦਦ ਕਰ ਸਕਦੇ ਹਾਂ। ਤੁਸੀਂ ਇਸ ਚਿੱਠੀ ਨੂੰ ਆਪਣੀ ਭਾਸ਼ਾ ਵਿੱਚ ਵੀ ਲਿਖ ਸਕਦੇ ਹੋ। ਮੁਫਤ ਮਦਦ ਲਈ, ਕਿਰਪਾ ਕਰਕੇ ਤੁਰੰਤ ਇਸ 'ਤੇ ਕਾਲ ਕਰੋ 1-888-254-2721 (TTY/TDD: 711)

#### Russian

ВАЖНАЯ ИНФОРМАЦИЯ: Можете ли вы прочитать данное письмо? Если нет, наш специалист поможет вам в этом. Вы также можете получить данное письмо на вашем языке. Для получения бесплатной помощи звоните по номеру 1-888-254-2721. (TTY/TDD: 711)

#### Tagalog

MAHALAGA: Mababasa mo ba ang sulat na ito? Kung hindi, mayroon kaming makakatulong sa iyo na basahin ito. Maaari mo ring makuha ang sulat na ito nang nakasulat sa iyong wika. Para sa libreng tulong, mangyaring tumawag kaagad sa 1-888-254-2721. (TTY/TDD: 711)

#### Thai

สำคัญ: คุณสามารถอ่านจดหมายนี้ได้หรือไม่ หากคุณอ่านจดหมายนี้ไม่ได้ เราสามารถขอให้ ใครสักคนช่วยคุณอ่านได้ คุณสามารถร้องขอ จดหมายนี้ที่เขียนในภาษาของคุณได้เช่นกัน หากต้องการความช่วยเหลือแบบไม่มีค่าใช้จ่าย โปรดโทรหาเราได้ทันทีที่ 1-888-254-2721. (TTY/TDD: 711)

#### Vietnamese

QUAN TRONG: Quý vị có đọc được lá thư này không? Nếu không, chúng tôi có thể nhờ ai đó giúp quý vị đọc. Quý vị cũng có thể yêu cầu thư này viết bằng ngôn ngữ của quý vị. Để được trợ giúp miễn phí, hãy gọi ngay đến số 1-888-254-2721. (TTY/TDD: 711)

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